



Annual Meeting

November 4, 2023

Welcome!

President Craig Farbrikant, PhD PA

Executive Director Report

Deborah Foote, MPA

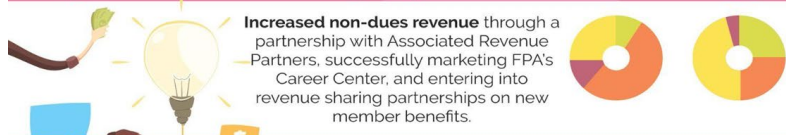
Added to FPA's financial reserve by selling the office building, and adopting a successful investment strategy.

Reduced annual costs and enhanced FPA's professional prestige by moving to a leased office suite.



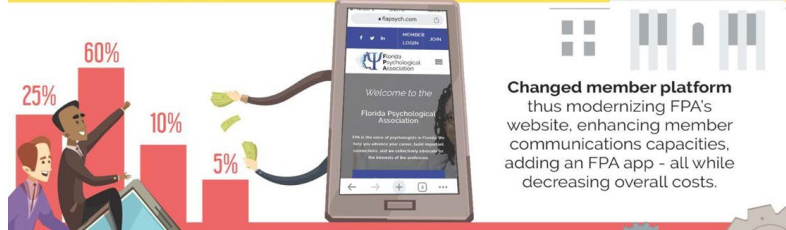
Modernized Central Office and decreased costs by moving files to the Cloud, adding Zoom phone, changing payroll companies, moving to a more responsive banking partner.

Increased non-dues revenue through a partnership with Associated Revenue Partners, successfully marketing FPA's Career Center, and entering into revenue sharing partnerships on new member benefits.

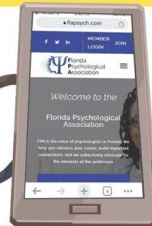


Upgraded our marketing materials, including adopting a new logo, and increased our recruitment efforts to non-member Florida-licensed psychologists.

Had a successful 2023 legislative session with the passage of PSYPACT and have provided education on how to participate in PSYPACT.



Changed member platform thus modernizing FPA's website, enhancing member communications capacities, adding an FPA app - all while decreasing overall costs.



Central Office Priorities 2024

- Continue to enhance FPA member benefits
- Increase non-dues revenues through partnerships
- Increased marketing to non-members regarding the value of an FPA membership
- Offer Leadership Training to build local and state pipeline
- Support the LAPPB priorities through building grasstops and legislator support



President Report

Craig Fabrikant, PhD PA

2023 Highlights

- Sale of Building and Move to New Office Suite
- Conversion to GlueUp Member Platform
- PSYPACT is now law
- Reconfiguring of Central Office Roles and Responsibilities
- Upgrading of Central Office Computer System
- APA Practice Leadership Conference Learning
- 2023 FPA Virtual Convention
- New members and Membership Committee
- Working with our Executive Director to assure things run smoothly
- LAPPB Future Agenda and Lobby Day
- FPA Reorganization- a work in progress
- Looking forward to 2024 and Gary Howell's leadership and my move to Immediate Past President



LAPPB Chair Report

Liz Campbell, PhD

Prescription Privileges



The NEED

- ▶ Florida is designated as a HPSA due to a lack of mental health providers
- ▶ Only 1 psychiatrist for every 9219 residents (#10 worst in nation)
- ▶ Facing shortage of psychiatrists by 2030
- ▶ 1/4 of Americans take psychiatric medications

The CURRENT STATE of RxP

- ▶ Current states allowing: New Mexico (2002), Louisiana (2004), Illinois (2014), Iowa (2016), Idaho (2017), and Colorado (2023).
- ▶ 27 additional states are interested in pursuing legislation; 10 are actively pursuing in 2023-2025.

The CASE for PSYCHOLOGISTS

- ▶ Most medications to treat mental disorders are prescribed by primary care providers- not received extensive training in the diagnosis and treatment of mental health disorders, unlike psychologists.
- ▶ Psychologists trained to prescribe are also able to unprescribe, ensuring that all patients receive the proper combination of therapy and medication when they need it. A prescribing psychologist offers an integrated and comprehensive approach to care that can save time and money.
- ▶ All licensed psychologists are highly-trained, health care professionals holding a doctorate (PhD or PsyD) and extensive training in the diagnosis and management of mental illness.
- ▶ Graduate school for psychologists takes an average of seven years, with coursework that includes the biological basis for human behavior.
- ▶ After receiving their doctorate, a psychologist must complete between 1,500 and 6,000 hours of supervised clinical practice.

The REQUIREMENTS

- ▶ Complete a 2-year master's degree in clinical psychopharmacology, pass a national standardized exam, and complete hundreds of hours of approved supervised clinical experience on top of standard supervision requirements.
- ▶ Nova Southeastern University is looking to bring back its program that was on hiatus until the FL legislature approves RxP.
- ▶ Prescriptive authority limited to PSYCHopharmacology.

The IMPACT

- ▶ 10% of licensed Florida psychologists would add this to their current scope of practice.
- ▶ 5% decrease in suicides and would reduce the unmet mental health needs of Floridians by 3 1/2%.

Insurance Lookback



- ▶ Florida health insurance companies can make claims for overpayment to a participating psychologist for up to 30 months after the health insurer payment of a claim.
- ▶ Statute was modified in 2008 to reduce the time to 12 months for providers licensed under Chapters 458 (medical practice), 459 (osteopathic medicine), 460 (chiropractic medicine), 461 (podiatric medicine), and 466 (dentistry). Omitted from this decrease was Chapter 490, psychological services.
- ▶ FPA survey to all Florida psychologists. Of the responses received:
 - 18% have stopped taking health insurance due to the 30 month lookback period
 - 61% continue to accept private health insurance; and
 - 21% never accepted private health insurance

If the lookback period were shortened:

- ▶ **32% would expand their acceptance of private health insurance;**
- ▶ 34% would continue to accept private health insurance as they currently do;
- ▶ 21% would remain private pay and accept no private health insurance; and
- ▶ 13% are uncertain what they would do

Shortening the period for health insurance companies to claim overpayment leads to increased participation by psychologists on health insurance panels; resulting in improved access to mental health care for patients with health insurance.

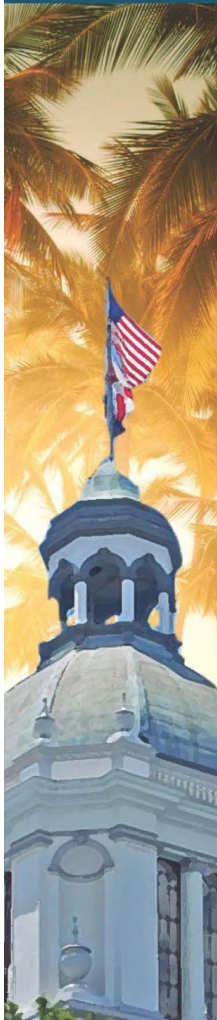


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The Florida Psychological Association (FPA) is a voluntary, member-based, professional organization comprised of psychologists. With over 1000 members, it is the largest professional organization for psychologists in the state of Florida.

For more information on FPA's legislative priorities please contact:
Darrick McGhee, FPA Lobbyist: darrick@teamjb.com, (850) 321-6489
Deborah Foote, FPA Executive Director: deborah@flapsych.com, (850) 656-2222

Baker Act Parity



OVERVIEW:

There are two main points in the processes that can involve psychologists.

- ▶ Completing a petition for involuntary examination (requesting law enforcement transport an individual to a Baker Act receiving facility)
- ▶ Once at a receiving facility, a psychologist is one of three types of professionals who can certify that the person requires involuntary treatment and who can certify the patient is appropriate for release.

HISTORY:

- ▶ Originally only physicians, including psychiatrists, were allowed to participate in Baker Act processes (upon licensure)
- ▶ In 1982, psychologists were added- required 3 years of postdoctoral experience in the practice of clinical psychology, inclusive of the experience required for licensure
- ▶ In 2016 clinical social workers, marriage and family therapists, and mental health counselors were added and eligible upon licensure.
- ▶ No change was made for psychologists to be eligible upon licensure , despite having higher education and supervised experience
- ▶ Requiring psychologists to have additional years of experience post-licensure restricts their ability to be hired in Baker Act facilities immediately after licensure.

In the interests of equity and increasing the work force, licensed psychologists need to be able to participate in Baker Act processes upon licensure.



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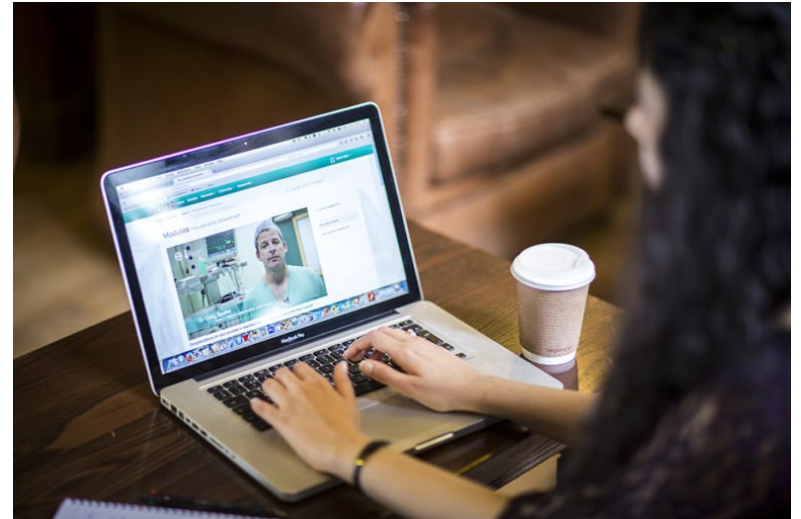
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President-Elect Report

Gary Howell, PsyD

2023 Convention

- 211 Registrants (including presenters)/197 attendees
- General attendee feedback was positive in the Zoom chats, still analyzing session evaluations
- Raised enough revenue to fund our 2024 Leadership Training Workshop



President-Elect Listening Tour Highlights

Objectives:

- Understand current member experiences
- Assess expectations and needs
- Identify opportunities for professional development
- Understand member engagement
- Understand the value of membership
- Explore future trends and challenges for FPA

Chapter Presidents/Representatives - July 24, 7-8pm

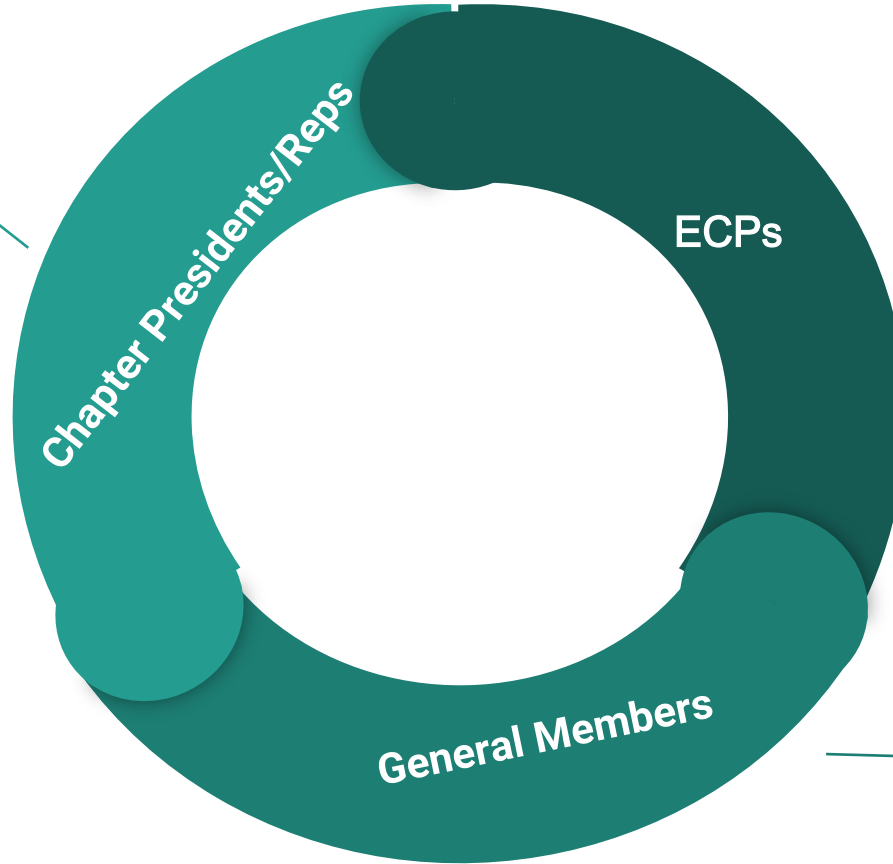
Early Career Psychologists - August 16, 7-8pm

Graduate students - September 12, 7-8pm

General membership - October 4, 7-8pm

Describe FPA in a single word

- Lackluster
- Drowning
- Potential



- Interesting
- Community
- Adaptable

No grad student participation

- Small
- Disconnected
- In transition

Share event/resource provided by FPA = Positive Impact

Chapter Pres/Rep

- Attorney consultation
- CE training, especially mandatory CEs

ECPs

- In-person CE event
- PsyPact training was helpful at the right time, well-facilitated
- CEs are huge draw but prefer in-person for referral network

General Membership

- Networking around the state
- Personal growth as a leader and dealing with challenging members; association structure needing to evolve back in those days and resistance to change

Things not available currently with FPA...

Chapter Pres/Rep

- Work with board of psych for VA psychologists to get licensed easier
- Business development - stop recreating the wheel/retirement resources
- Consultation resources could be more connected to members
- Mid-career feel left out
- CEs, promote getting membership for CEs
- Miss in-person CEs and events
- Navigating insurance industry, release of records without payment - no protection & claw-backs
- Supervisor training to help train LMHCs
- Peer consult/forum

ECPs

- Mentorship program to help with practice
- New member orientation/meet and greet
- How are new members connected to chapters

General Membership

- Non-members don't appreciate membership,
- No public visibility benefit for marketing advantage to public
- Quarterly gatherings around the state for connection

Barriers to FPA membership:

Chapter Pres/Rep

- More outreach to training programs to be represented at FPA

ECPs

- Why people are not joining FPA – they find community in FB groups
- Generational divide
- Appealing to clinicians not in FPA to see benefit (community groups)

General Membership

- Affordability
- Don't see as personally valuable, just let FPA do the work and benefit from it, unsuccessful onboarding of academics
- More opportunity for engagement in person or more locally

Value of FPA membership:

Chapter Pres/Rep

- Collegial relationships
- Social connections more than just CEs
- Identify with profession, not operating in silos, protecting reputation of profession

ECPs

- Professional identity
- Professional home
- Private practice can be isolating
- Florida policies creating barriers to practice

General Membership

- About 6,000 licensed and maybe 1,000 in FPA; hover around 18% most of time over the last 9 years.

Trends & challenges in our field:

Chapter Pres/Rep

- Bringing us together

ECPs

- In-person v. virtual
- Digital therapeutics
- AI and our field
- Collective identity of the group

General Membership

- Private practice may be on the way out and more agency/group settings may be wave of future/government agencies
- Pivot toward non-private practitioner psychologists

Miscellaneous feedback:

Chapter Pres/Rep

- Branding, Vista Print discounts, target postdocs for mentoring and membership

ECPs

- Biggest Challenges facing us in FL?
 - Scope of practice – continue to be innovative and relevant
 - Do more with insurance reimbursement
 - FPA involved with insurance boards

General Membership

- Private practitioners/state agency work, etc.
- Legislation on public health not current in FL