TIPS TO MAKE YOUR CE PROGRAMS ACCESSIBLE FROM THE START

# WHAT TO DO IN ADVANCE OF A PRESENTATION:

- Provide course materials in advance.
- Encourage accommodation requests.
  - Survey resource (next slide)
  - Accessibility statement

#### **EXAMPLE OF AN ACCESSIBILITY SURVEY:**

- 1. We strive to provide an inclusive, accessible experience that enables all individuals to engage and participate fully in our programming. Will you require any accommodations to be able to participate in this program?
  - 1. Yes
  - 2. No
- 2. Auto-captioning will be enabled, and you will be able to access a transcript of the recording [X] weeks after the webinar. We will also share the slides prior to the start of the webinar. If you require any other accommodations to fully participate in the programming, please let us know. We can support requests up until [XX] days/weeks prior to the event start time.
  - 1. Name: \_\_\_\_\_\_
  - 2. Accommodation Request(s): \_\_\_\_\_

#### **EXAMPLE OF AN ACCESSIBILITY STATEMENT:**

"We strive to provide an inclusive, accessible experience that enables all individuals to engage and participate fully in our programming. Auto-captioning will be enabled, and you will be able to access a transcript of the recording X weeks after the webinar. We will also share the slides prior to the start of the webinar. If you require any other accommodations to fully participate in the webinar, please contact [NAME] by email at [EMAIL ADDRESS] or by phone at [PHONE NUMBER]. We can support requests up until [XX] days/weeks prior to the event start time."

7 DON'TS AND 7 DO'S TO HELP YOU PREPARE ACCESSIBLE CE PRESENTATIONS

### 7 "DON'TS" FOR CREATING SLIDESHOWS (SEE CAST, 2018)

## **1.DON'T: Use Low-Contrast Colors.**

# Step 1 of this Intervention Involves:

• Exploration of feelings surrounding the loss

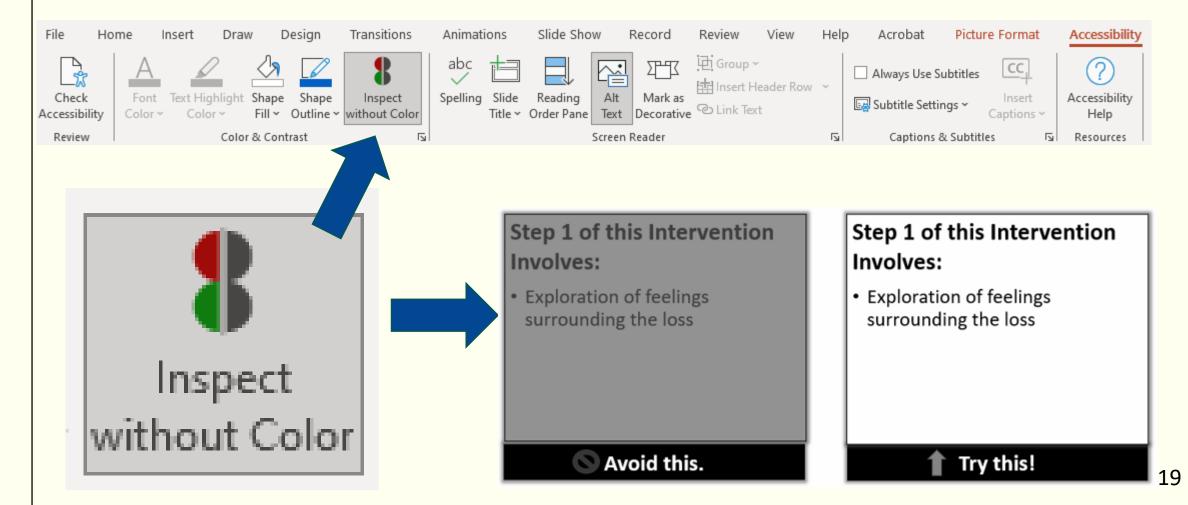
# Step 1 of this Intervention Involves:

• Exploration of feelings surrounding the loss





# How to Determine if Your Color Contrast is Low:



# 2.DON'T: Rely on Busy Backgrounds.

#### Step 1 of this Intervention Involves:

Avoid this.

• Exploration of feelings surrounding the loss

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#### Step 1 of this Intervention Involves:

• Exploration of feelings surrounding the loss



## **3. DON'T: Choose Unreadable Fonts.**

Step 1 of this Intervention Involves:

 Exploration of feelings surrounding the loss

# Step 1 of this Intervention Involves:

• Exploration of feelings surrounding the loss



# 4. DON'T: Use Content that Flickers or Flashes.

# 5. DON'T: Use Many, If Any, Animations (gifs, etc.)

# Step 1 of this Intervention Involves:

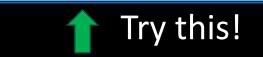
• Exploration of feelings surrounding the loss





# Step 1 of this Intervention Involves:

• Exploration of feelings surrounding the loss



# 6. DON'T: Be Verbose or Use Jargon or Acronyms Not Universally Understood.

# Step 1 of this Intervention Involves:

- An in-depth assessment of feelings surrounding grief, to include, but not limited to, sadness, denial, anger, guilt, fear, loneliness, shock or numbness, yearning or longing, anxiety, and relief (e.g., DABDA).
- Utilize grieverspeak.
- Utilize the CBP.

Avoid this.

# Step 1 of this Intervention Involves:

- Exploring feelings surrounding the loss.
- Utilize metaphors or analogies to describe grief.
- Utilize the Continuing Bonds Paradigm (CBP).

#### Try this!

# 7. DON'T: Forget to Title Your Slides.

- Exploring feelings surrounding the loss.
- Utilize metaphors or analogies to describe grief.
- Utilize the Continuing Bonds Paradigm.

# Step 1 of this Intervention Involves:

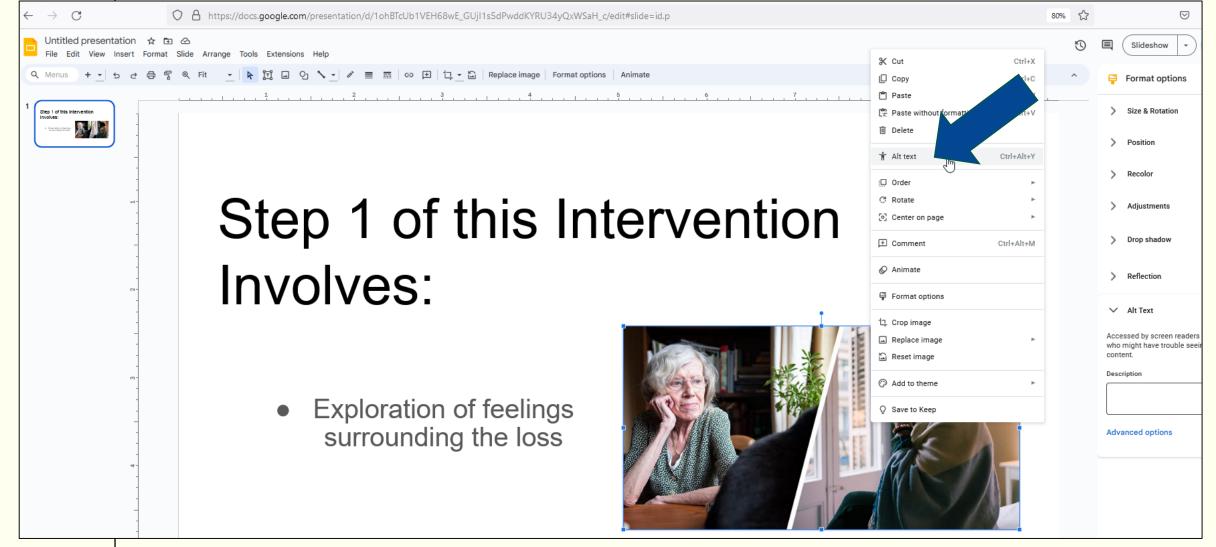
- Exploring feelings surrounding the loss.
- Utilize metaphors or analogies to describe grief.
- Utilize the Continuing Bonds Paradigm.



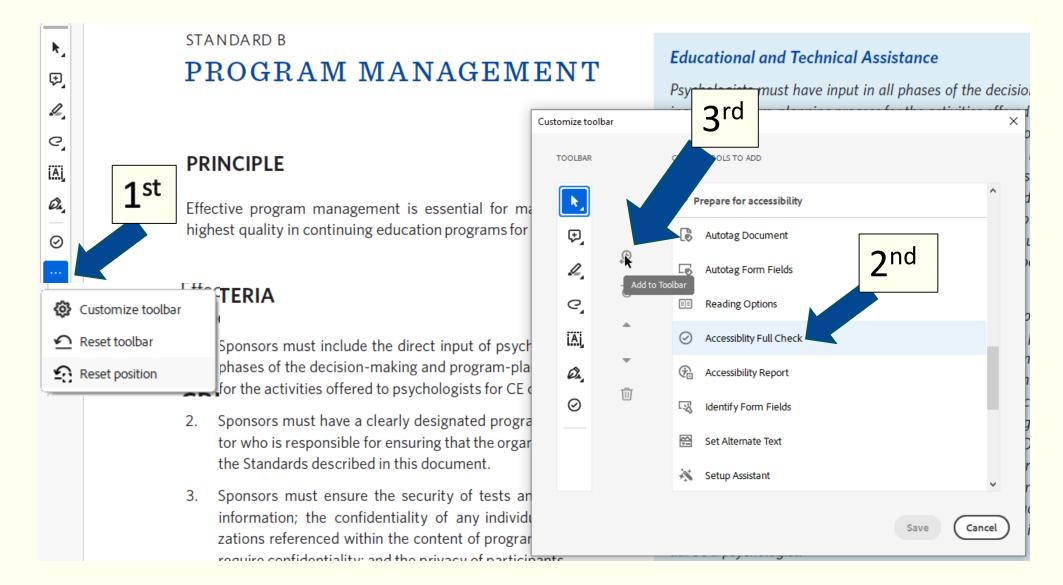


7 "DO'S" FOR CREATING SLIDESHOWS (SEE APA, 2023; AXELROD, 2018)

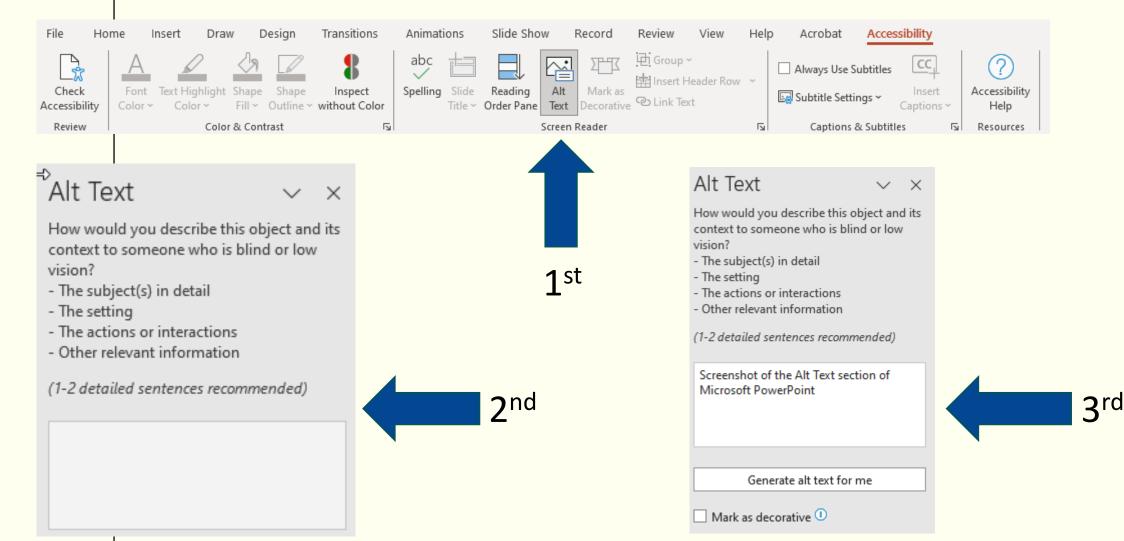
# 1.DO: Choose Accessible Presentation Software Programs



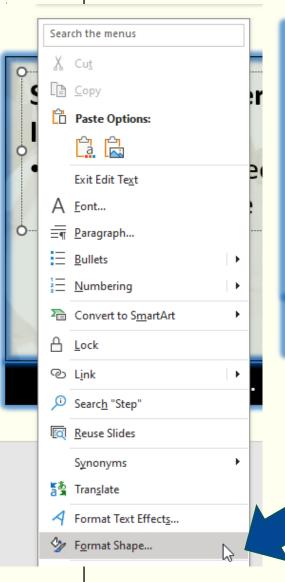
# **Accessibility for PDFs**



# 2. DO: Use Alt Text for Images and Caption Your Multimedia.



# 3. DO: Consider Using Text Overlays



#### **Step 1 of this Intervention Involves:** Exploration of feelings surrounding the loss Avoid this. Format Shape Shape Options Text Options T-i-i **1** st ✓ Fill

#### Step 1 of this Intervention Involves:

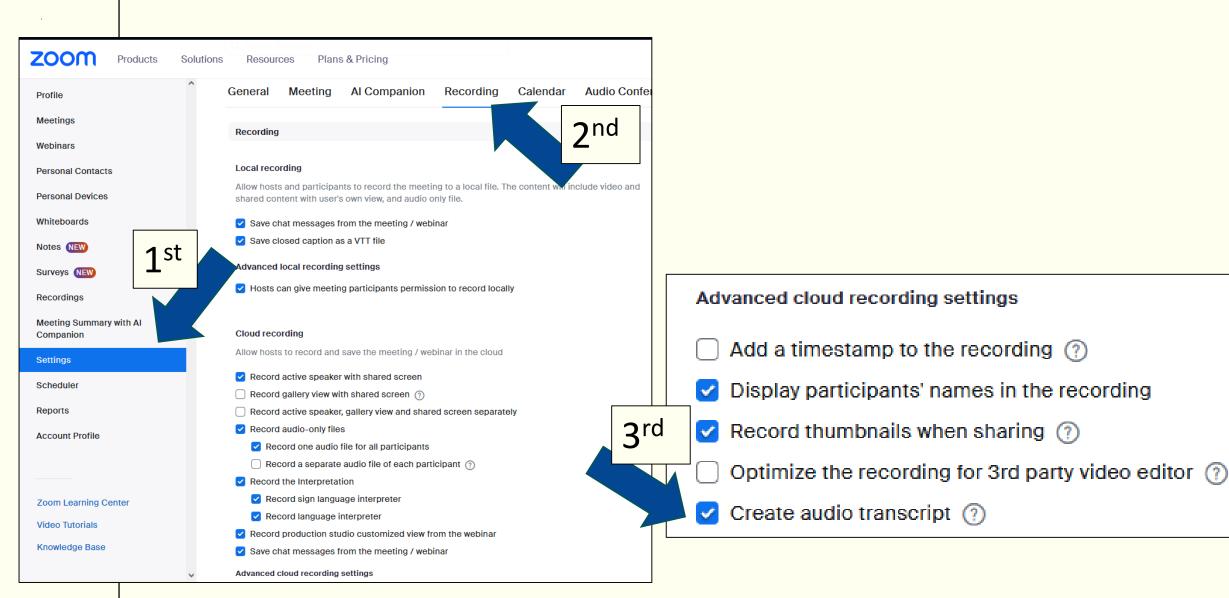
• Exploration of feelings surrounding the loss

#### Try this!

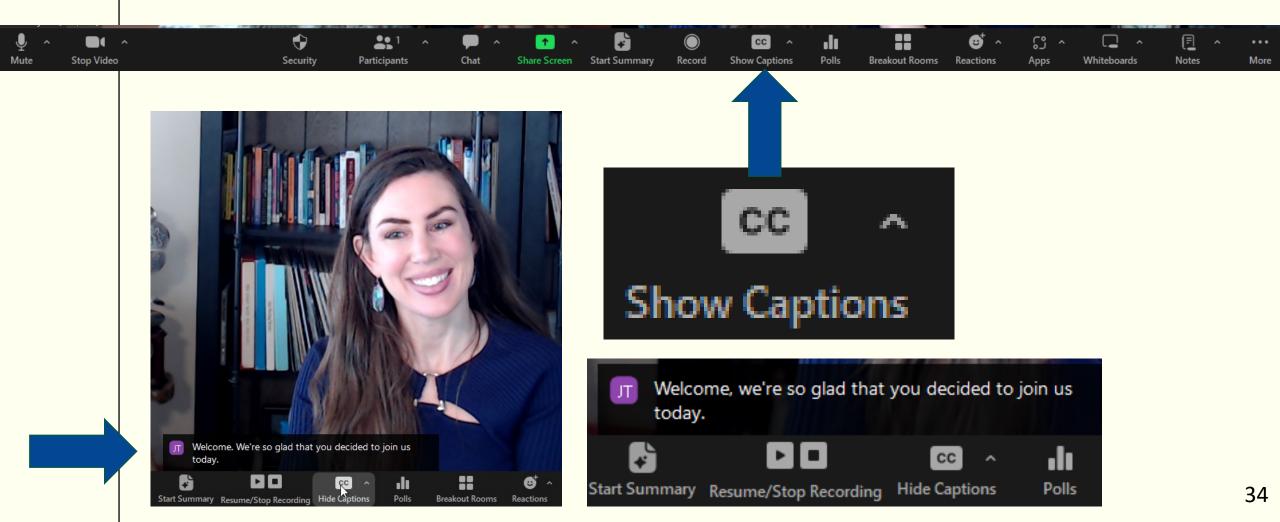


	4. DO: Check Your Slide Order				
	FileHomeInsertDrawDesignTransitionsCheck Accessibility ReviewA FontImage: Color vImage: Color vImage: Color vImage: Color vImage: Color vReviewColor vColor & Color & ContrastColor & Color & Co		v Record Review View   Image: Alt Text Image: Alt Text Image: Alt Text   Image: Alt Text Image: Alt Text	Help Acrobat Accessibility   Always Use Subtitles CC   Subtitle Settings ~ Insert Captions ~   Captions & Subtitles Subtitles	<b>?</b> Accessibility Help Resources
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Reac	ling Order ∨ × ⊡⊠	-	1 <sup>st</sup>		
✓ 1 ✓ 2 □ —	Title 2: 4. DO: Check Your Slid Picture 2: First picture: Screen Arrow: Up 3: Decorative TextBox 4: Decorative	2 <sup>n</sup>	d		

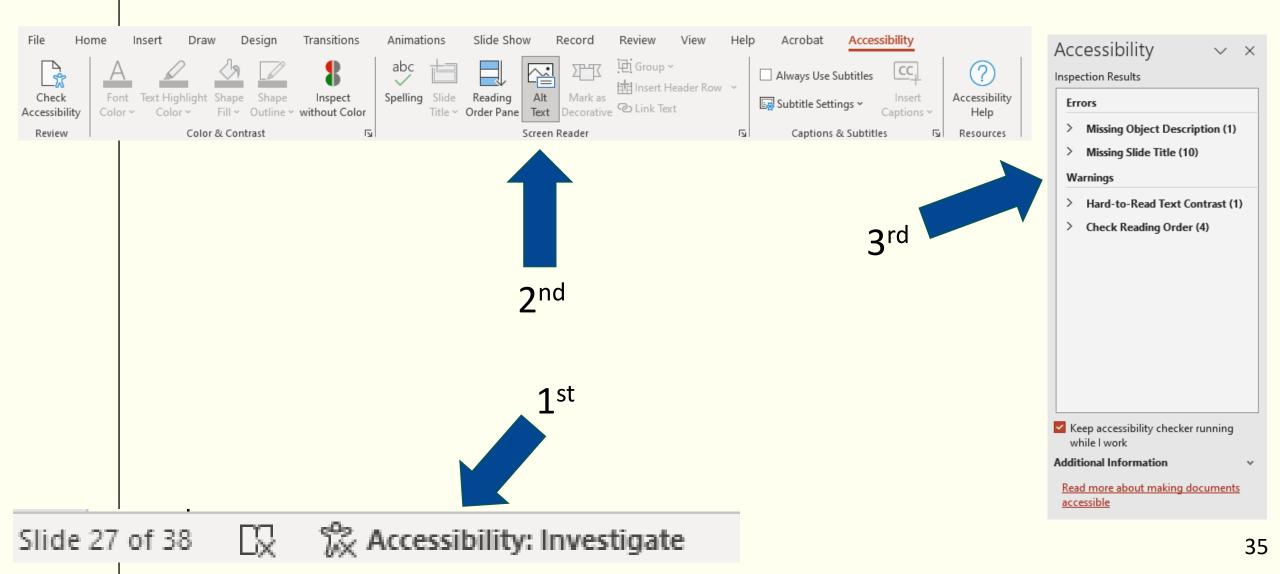
## 5. DO: Consider Providing a Transcript



## 6. DO: Caption Your Multimedia



## 7. DO: Test for Accessibility



# RESOURCES TO CREATE ACCESSIBLE CE MATERIALS

- The <u>Web Content Accessibility Guidelines</u> (WCAG) 2.1 offers many suggestions for accessible learning.
- <u>Make your Microsoft Word documents accessible</u> to people with disabilities.
- <u>Make your Microsoft PowerPoint presentations accessible</u> to people with disabilities.
- <u>Make your Google documents, presentations, and sheets accessible</u> to people with disabilities.
- <u>Make your PDFs accessible</u> to people with disabilities.
- <u>Run your resources through a free screen reader</u> to ensure they are accessible.

### **RESOLUTIONS AND ADDITIONAL RESOURCES**

- <u>APA Resolution on Equity, Diversity, Inclusion, and Accessibility in Quality</u> <u>Continuing Education and Professional Development</u>
- <u>APA Resolution on Support of Universal Design and Accessibility in Education,</u> <u>Training and Practice</u>
- APA's Equity, Diversity, and Inclusion Framework
- Tips from APA for Creating Inclusive Presentations, Meetings, and Events
- Teaching Inclusively and Effectively: Highlights from the Science of Learning
- Inclusivity and Accessibility in the Psychology Classroom: Universal Design Principles in Higher Education
- <u>PsycLearn and Inclusivity: APA's Commitment to Accessible and Inclusive</u> <u>Courseware</u>

### REFERENCES

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- Axelrod, J. (2018). Making materials accessible to students in higher education institutes: Institutional obligations, methods of compliance, and recommendations for future action. *The Association of Learner and Professional Society Publishers, 31,* 39-44. <u>https://doi.org//10.1002/leap.1148</u>
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- Center for Disease Control and Prevention. (2023). Disability and health data system (DHDS). <u>https://www.cdc.gov/ncbddd/disabilityandhealth/infographic-disability-impacts-all.html</u>
- Edwards, M., Poed, S., Al-Nawab, H., & Penna, O. (2022). Academic accommodations for university students living with disability and the potential of universal design to address their needs. *Higher Education, 84*, 779-799. <u>https://doi.org/10.1007/s10734-021-00800-w</u>
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